

## EARLY CHILDHOOD

### ATTENTION DEFICIT DISORDER: CREATING CONNECTIONS TO CURRICULUM (K-3)

**Portsmouth/Pease:** CRN 194216, Thursday, February 4, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

Although your routine and rituals are concise and predictable, students with ADD may not be able to consistently participate. Come to this workshop and look at this diagnosis through an occupational therapist’s eyes. These students are developmentally delayed in the pre-frontal lobe skills of organization, anticipation, emotional control, self-awareness and other executive skills. You will walk away with ideas for learning reinforcement, breaking down tasks to help students become more accountable, and with scenarios to help promote independent work. Learn to connect to students with ADD everyday and not every once in a while.

**Instructor:** Tere Bowen-Irish, OTR/L, has practiced occupational therapy in pediatrics and psychiatry for over 35 years. For the past 30 years her primary focus has been school system delivery of OT services. She works part-time in public schools and has a private practice, All the Possibilities, Inc. She also offers workshops for parents, therapists, and educators, with emphasis on prevention, wellness and classroom management for all school-aged children. She has had intermediate training as a Life Coach through Coaches Training Institute in Calif. She is a Certified Yogakids teacher, incorporating yoga, movement, mindfulness and relaxation techniques into her practice with children. She is author of “The Drive Thru Menu Series” (Therapro Inc.) and a self-published book adaptable for all children called “Yoga and Me, Come be a Tree.”

### MUSIC AND MOVEMENT IN EARLY CHILDHOOD (INFANTS-K)

**Portsmouth/Pease:** CRN 196216, Wednesday, March 2, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

Research shows that children’s aptitude for music varies and mostly develops from birth to about six years of age. Come learn some fun, engaging techniques to include music and movement into your early childhood curriculum. This workshop will focus on activities geared to children between 6 weeks and 6 years old. Activities include singing, dancing, playing instruments, bounces, finger-plays, tickles and wiggles. Specific methodologies including Edwin Gordon’s Music Learning Theory, Orff-Schulwerk methods, and John Feierabend’s early childhood music curriculum will be featured.

**Instructor:** Erin Zaffini, M.M. in Music Educ., teaches early childhood music throughout NH and is professor of music education at Keene State. She has taught grades K-12, and served as a clinician for the Nat’l Assn. for Music Education and NEA. She also has presented at conferences and is pursuing a doctorate in Musical Arts.

### FOSTERING SCIENCE INQUIRY AND OBSERVATION SKILLS IN YOUNG LEARNERS (GR. 1-3)

**Portsmouth/Pease:** CRN 233216, Wednesday, June 8, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

Inquiry is the basis of science, and young learners with their natural curiosity about the environment, are often filled with questions. This workshop will explore simple ways of helping children observe more closely, experiment, and make connections with their world. Participants will investigate activities that will encourage learners to answer their own questions and prompt them to ask more.

**Instructor:** Barbara Bald, M.S., M.Ed., CAGS, has more than 25 years in education as a classroom teacher, supervisor, consultant and workshop facilitator. She has worked with children ages PK-12.

### NEW! CENTER TEACHING THAT BUILDS ACADEMIC, EXECUTIVE, DEVELOPMENTAL AND SOCIAL SKILLS (PRE K-2)

**Manchester/88:** CRN 215216, Thursday, April 14, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

Today’s 3 to 5 year olds all come to the classroom with a variety of needs. At no time in their education will a teacher see so many levels of abilities. Much of the curriculum and concepts that need to be covered often need to be taught in a differentiated manner. Center teaching can provide a solid base for those students who need to refine motor skills or for others who need to cooperate and share. Teaching independent learning, including organization, planning and completing tasks can also start in centers at a basic level and expand as the year continues. Come to this seminar to take home new ideas and explore creative ways of center teaching!

**Instructor:** Tere Bowen-Irish (see previous biography)

### NEW! READY OR NOT HERE I COME! (PRE K-K)

**Manchester/88:** CRN 231216, Wednesday, May 25, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

In 2000, “all children will enter school ready to learn” became a national mandate. The National Education Goals Panel adopted this mantra and defined school readiness as mastery of a pre-determined set of skills. Current neuro-scientific research has found that readiness begins in the womb and is determined in large measure by the early life experiences and environment. This workshop examines school readiness from conception to the period of school adjustment, focusing on the 3 to 5 year old child in a preschool or child care environment. Readiness does not happen at the same time or in the same way for all children.

**Instructor:** Megg Thompson is a Certified Behavior Consultant with the International Assn. for Continuing Education (IACET) and consults in association with The Fitzgerald Institute of Lifelong Learning. She earned her master’s degree in early childhood education at UNH and taught kindergarten for 10 years. As a consultant, she has worked for several local organizations on topics ranging from wellness, stress and calming, classroom management, STEM, UDL, emergent curriculum and movement. She has presented all of these topics and more at: the NH and MA chapters of the Assn. of the Education of Young Children, Early Learning NH, Alliance for Better Child Care, and at a conference for special education directors in Portsmouth. (ECMPWT Faculty)

### EMERGING MATHEMATICIANS: EARLY MATH INSTRUCTIONAL DESIGN, ACTIVITIES AND ASSESSMENT (PRE K-2)

**Manchester/88:** CRN 235216, Friday, June 10, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

Building a strong math foundation can begin early, but how? Early math evolves out of the many activities embedded in an early childhood classroom such as sorting, classifying and comparing. In this workshop you’ll discuss how to engage young children in activities that build number sense and numeracy skills, and you’ll identify a trajectory of math skills to use in designing lessons. You’ll identify high quality math materials, including technology-based math materials such as educational websites and apps. Through a mix of presentation, hands-on material exploration, video viewing, group discussion, and material design, this workshop will bring your skills to the next level as you learn new ideas to design your day, plan your activities, and assess your students.

**Instructor:** Brandie Bolduc, M.Ed., is a lecturer at UNH’s Dept. of Education, where she teaches curriculum that is focused on young children with special needs. She is certified in early childhood special education, elementary education, and english for speakers of other languages in NH. Before becoming a lecturer at UNH, she was a special educator for Moore Center Services in Manchester, a math consultant for the UNH’s Impact Center, and a first grade teacher in Goffstown. She is the recipient of the Goffstown Education Association’s 2001-2002 Teacher of the Year Award, has led workshops in math for many local school districts, and is a member of the NH Learning Disabilities Assn. and the NH Dept. of Education’s Work Group on Early Learning.

### NEW CERTIFICATE! PROMOTING SOCIAL EMOTIONAL COMPETENCY AND MANAGING CHALLENGING BEHAVIOR IN YOUNG CHILDREN

**Cosponsored by UNH Cooperative Extension**

**Manchester/88:** CRN 157555 Four Saturdays: March 5, April 2, May 7, and June 4, 9:30 a.m.-4 p.m., 2.2 CEUs, \$400, lunch included

Grounded in the research-based “Pyramid Model” developed at the Center on the Social Emotional Foundation of Early Learning (CSEFEL), this series of four one-day workshops will provide a thorough framework of strategies to support social emotional competence in young children. Social competency can seem mysterious. Some kids get along with everybody and others seem to struggle to fit in. Social and emotional competence involves a child’s ability to regulate and express emotions and form close and secure relationships. It involves skills such as self-confidence, curiosity, motivation, persistence, and self-control. At the end of the workshops, you will have a working knowledge of a systematic, evidence-based framework that promotes the social emotional development of all young children and helps prevent and address challenging behavior. Early care and education teachers and directors, early childhood teachers, and family support professionals will benefit from the training. The workshop meets four Saturdays and includes an optional program/classroom technical assistance visit by the instructor. A limited number of scholarships may be available for this offering. To request consideration of a scholarship, please contact Thom Linehan at thom.linehan@unh.edu. Scholarships are based on a “first come, first served” basis.

**Instructor:** Thom Linehan, Ed.D., designs, implements, and evaluates education programs in support of youth and families in Merrimack County for UNH Cooperative Extension. He has worked with families and children in a number of settings, including home-based family therapy, day care, and early intervention. As a licensed New Hampshire marriage and family therapist, and a New Hampshire early childhood master professional, Thom’s specialty is promoting resilient children, youth, and families. In addition to these certifications, he received his master’s degree in early education with a focus on special needs from UNH prior to earning his doctoral degree in education at Plymouth State. He holds an ECE Master Professional F/WT Credential from the NH Child Development Bureau.

### INTEGRATING MOVEMENT AND MUSIC INTO THE ELEMENTARY CLASSROOM (GR. 1-6)

**Manchester/88:** CRN 999149, Friday, July 29, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

Music and movement can be powerful tools. In this workshop you’ll learn about using them to support and deepen your students’ understanding of concepts presented in the elementary classroom. Specific content addressed includes integration of music and dance into the study of people, places, cultures, animals, American History, science and storytelling. Be prepared to sing, dance, and play instruments.

**Instructor:** Erin Zaffini (see previous biography)

### JUST BREATHE! INCORPORATING YOGA, RELAXATION, VISUALIZATION, AND MOVEMENT INTO YOUR CLASSROOM

**Manchester/88:** CRN 999150, Tuesday, August 9, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

As a teacher, you may feel like your creativity is being put on the back burner with the emphasis on just teaching the curriculum content. Come to this workshop to enhance your student’s ability for comprehension, writing, participation, and self-regulation. In this workshop, there will be a demonstration of kinesthetic, visualization, and relaxation strategies that will promote not only a calmer classroom, but will tap into innovative learning strategies that include a variety of learners. Learn and apply some simple one- to two-minute techniques to reduce anxiety and quiet and calm your class to optimize learning.

**Instructor:** Tere Bowen-Irish (see previous biography)

### RELATED TOPICS OF INTEREST

For descriptions, go to:  
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#### NEW! MINDFULNESS EDUCATION AND POSITIVE YOUTH DEVELOPMENT

Portsmouth/Pease: CRN 209216, Friday, April 1, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### PROACTIVE WORKSHOP FOR BETTER CLASSROOM MANAGEMENT: FINDING SOLUTIONS TO CHALLENGING BEHAVIORS (K-6)

Portsmouth/Pease: CRN 221216, Wednesday, April 20, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### NEW! USING MENTORS TO TEACH WRITING (K-12)

Portsmouth/Pease: CRN 197216, Friday, March 4, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### TEACHING LITERACY THROUGH MUSIC AND THE ARTS (K-12)

Manchester/88: CRN 200216, Saturday, March 5, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### COMPREHENSION STRATEGIES FOR STRUGGLING READERS (K-6)

Portsmouth/Pease: CRN 220216, Saturday, April 16, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### VOCABULARY AND THE COMMON CORE: PRACTICES TO IMPROVE LITERACY SKILLS (K-8)

Portsmouth/Pease: CRN 227216, Friday, May 13, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### CLOSING ACHIEVEMENT GAPS IN FOUNDATIONAL LITERACY SKILLS: RESEARCH-BASED METHODS TO IMPROVE DECODING, SPELLING, AND FLUENCY (K-5)

Portsmouth/Pease: CRN 232216, Friday, June 3, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### NEW! INFORMAL WRITING (K-6)

Manchester/88: CRN 999151, Wednesday, August 10, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### ESSENTIAL CURRICULUM COMPONENTS TO BUILD NUMBER SENSE (K-8)

Manchester/88: CRN 217216, Friday, April 15, 9:30 a.m.-4 p.m., .6 CEUs, \$149, lunch included

#### NEW! MARINE MAMMALS: EXPLORATION COMPARING ANATOMY

Seacoast Science Center/Rye: CRN 223216, Thursday, May 5, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

#### NEW! ROCKY SHORE ECOLOGY: TIDE POOL TREASURES THROUGH IMMERSIVE INVESTIGATIONS

Seacoast Science Center/Rye: CRN 999148, Thursday, July 14, 9:30 a.m.-4 p.m.  
.6 CEUs, \$149, lunch included

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Spring '16 Early Childhood

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Name (First) \_\_\_\_\_ (MI) \_\_\_\_\_ (Last) \_\_\_\_\_

Date of Birth (required) \_\_\_\_\_ Gender: Female \_\_\_\_\_ Male \_\_\_\_\_

Daytime Phone: (\_\_\_\_) \_\_\_\_\_ Evening Phone: (\_\_\_\_) \_\_\_\_\_

Email (required) \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

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